

Concepts of PE & Health Resources at Mabee Library



<http://mabee.sterling.edu> is the library homepage
Select the link *Databases Online* for a list of databases.



Health Reference Center

- Find thousands of current full-text articles on health, nutrition, and physical fitness.
- Limit to peer-reviewed publications to find high quality, academic journals
- A general search for “cardiovascular disease” yielded over 5000 full-text peer-reviewed academic journal articles!

ProQuest Nursing & Allied Health Source home page

- Provides full text journals, evidence based resources, and dissertations to support the study of the allied health professions, including physical therapy, radiography, dietetics, dental hygiene, and the clinical laboratory sciences.
- Excellent subject searching: “Diabetes” will also search for “Type II Diabetes”
- Can also search by MeSH headings

Boolean Operators

AND (narrows a search)	OR (broadens a search)	NOT (narrows a search)
The search <i>heart and lung</i> finds items that contain both <i>heart</i> and <i>lung</i> .	The search <i>heart or lung</i> finds items that contain either <i>heart</i> or items that contain <i>lung</i> .	The search <i>heart not lung</i> finds items that contain <i>heart</i> but do not contain <i>lung</i> .



Journals--print & online

- JournalFinder –look up journals by title, ISSN, or subject. Use the ‘**Choose a subject**’ option to identify journals in a specific field. There are over 200 journals available in the subject ‘**Exercise and Sport Science**’.
- All titles are full-text for the years listed. JournalFinder also includes the print holdings of Mabee Library.
- Mabee Library offers Web access to some of its journals. They are listed on this page.

Concepts of PE & Health Print Resources



Books

Peer-reviewed

RCL

- Titles covering topics in physical fitness and exercise science are found in the **500-700** section of the Library's stacks. Books **CAN** be checked out for 3 weeks. All high-quality, peer-reviewed items are marked with this label.
- The **REFERENCE** section includes a number of books useful for finding information on health and fitness, including *Magill's Medical Guide (610.3 M27m)*, *Atlas of Anatomy (611.0022 G76g)*, and the *Nutrition and Health Encyclopedia (613.2 T89n)*. Reference books **CAN** be checked out on a limited basis.
- Call Number Breakdown:

000s:	General Works	500s:	Natural Sciences & Mathematics
100s:	Philosophy & Psychology	600s:	Technology & Applied Sciences
200s:	Religion	700s:	The Arts
300s:	Social Sciences	800s:	Literature & Rhetoric
400s:	Language	900s:	Geography & History



Current Periodicals

- The Library subscribes to several current journals/magazines covering topics in health and physical fitness including *Journal of Physical Education, Recreation, and Dance (613.705 J82j)* and *ACSM's Health and Fitness Journal (613.7 H34h)*.
- Current issues are kept in the library Pavilion (center aisle). Back issues are stored in the stacks under the assigned call number.
- Periodicals **CAN** be checked out for 3 days



Visual Resources

DVD/VHS

- The Library owns the DVD *Bigger, Stronger, Faster (362.2908 B46b 2008)* about steroid use in America, and *Anabolic Steroids: the Quest for Superman (613.8 An1a)* on VHS.
- Movies **CAN** be checked out for 3 weeks.