



WARRIOR FOOTBALL

2009 MEDIA GUIDE

A CULTURE OF CONSISTENCY

Spend any time on the southwest corner of campus of Sterling College and one thing will be apparent. Warrior football is always open for business. No matter the time of year, the direction the football program has taken over the past five years has made it what Jason Dannelly in the 2008 NAIA Football Rankings referred to as “one of the most consistently competitive programs.” Its not just good recruiting, or just good coaching; it is a work ethic that head coach Andy Lambert describes as a deep, long-term month work ethic. That demands consistency; a culture of consistency.

The past two years have been polar opposites as far as offensive scheme has been concerned as the Warriors had to adjust the game with the personnel under center. The graduation of quarterback Tyler Degenhardt, the leading rusher for the Warriors in 2008 will no doubt change the running game, but the return of junior running back Rashard Colquitt who rushed for over 700 yards, not far behind Degenhardt, will ensure what Lambert refers to as “... an athletic and versatile rushing attack.” Acquiring offensive lineman Chandler Keenan from Dodge City Junior College was a key pickup in bolstering an offensive line that assisted in a rushing game that posted over 220 yards per game average.

“We are looking to be more balanced in 2009; most of that though is played out in the first 2-3 weeks of practice,” remarked Lambert. “The early games will give us a direction of success as far as the scheme goes. Most importantly in competing for a championship though will be the intangibles; chemistry, trust, belief in the program, having a consistent approach day-to-day, week-to-week.”

There is one tangible, however, Lambert recognized as a key ingredient going into the fall, “... field position. We can’t continue to allow opposing offenses to start their drives at mid-field. We have got to do a better job at creating better field position for our defense.”

The defense led by Defensive Coordinator Chuck Lambert, has been another consistent piece to the Sterling football puzzle. Year-in and year-out, the defense is consistently at the top of the conference in points allowed. The Warrior defense has an aggressive approach in efforts to create 48 minutes of consistent pressure. Most notably by blitzing all the time from everywhere. Opposing quarterbacks will rarely get a similar look in pass rush. The fundamental tackling is what keeps the rushing games halted as the Warrior defense was 4th in the nation in rushing yards allowed in 2008. The defense will no doubt miss graduated linebacker and leading tackler Derrick Sullivan. Defensive backs Craig Mans and Brent Schneider will also be missing from the defensive backfield. Joining the likes of Austin Kingsbury, the 2008 sack leader, and Justin Hejny, only one behind Kingsbury, will be linebacker Tommy Turner a junior college transfer from California. Regardless, the defense will no doubt have 10 games of consistent pressure dialed up for the opposing offenses.

The schedule for the Warriors had a noticeable shift with the defending champions Friends University not the week one opponent as they have been the previous two seasons. When asked about that Lambert said, “I am really indifferent about who we play and when. It doesn’t matter anyway. You have to play everyone, and you have to be prepared, if we are not prepared, we won’t win. No matter who we play.”

“Our goal is to put a product on the field that looks the same regardless of the day. Monday, Wednesday, or Saturday,” Lambert highlighted. “That is what we emphasize, and that is what we want our fans to see, a consistent unit, competing regardless of the circumstances. That is the culture we want our players to exist in.”

The Warriors open on September 12 versus Southwestern College in Winfield, Kansas.

2009 FOOTBALL SCHEDULE

SEPTEMBER

12	@ Southwestern	7:00
19	@ Peru State	1:00
26	OTTAWA	6:00
	Warrior Fest	

OCTOBER

3	@ McPherson	1:30
10	@ Friends	1:30
17	TABOR	1:30
24	KANSAS WESLEYAN	1:30
	Homecoming	

31	@ Bethany	1:30
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NOVEMBER

7	SAINT MARY	1:30
14	BETHEL COLLEGE	1:30

** HOME GAMES CAPITALIZED

GENERAL INFORMATION

Institution: Sterling College
Enrollment: 600
Nickname & Mascot: Warriors
School Colors: Navy, Red, Silver
Founded: 1887
President: Dr. Paul J. Maurer
Athletic Director: Andy Lambert
Affiliation: NAIA
Conference: KCAC

Athletic Director: Andy Lambert
(620) 278-4210
Email - alambert@sterling.edu

Sports Info. Dir.: Justin Morris
(620) 278-4324
Email - jmorris@sterling.edu

Assistant SID: Jared Hamilton
(620) 278-4227
Email - jhamilton@sterling.edu

Athletic Office Manager: Deb Wiebe
(620) 278-4335
Email - dwiebe@sterling.edu

Head Football Coach: Andy Lambert
(620) 278-4210
Email - alambert@sterling.edu

Program Director: Pete Manely, MS-ATC
(620) 278-4393
Email - pmanely@sterling.edu

Head Athletic Trainer: Chris Brown, MS-ATC
(620) 278-4338
Email - cbrown@sterling.edu

Athletic Fax: (620) 278-4319

Website: www.sterling.edu

Mailing/Shipping Address:

Sterling College
125 W. Cooper
Sterling, KS 67579

A LOOK BACK: THE 2008 SEASON

The last snap of the 2008 season capped an emotional 17-13 win over Ottawa University, who before the game was a probable at-large pick for the NAIA playoffs. The Warriors extinguished any playoff hope for Ottawa capping another winning season for the Lambert led Warriors.

The Warriors with the loss of the prolific passing Jake Buchanon from 2007 had to search for the answer to their offensive questions. After sputtering against an athletic Friends defense in week one, the offense turned to senior Tyler Degenhardt and sophomore Rashard Colquitt who anchored a running game that would rush for over 2,200 yards; Degenhardt at QB and Colquitt at RB would amass 1,495 yards and 19 TDs between the two of them.

The defense of Sterling would also complete another successful season ranking 2nd in total defense in the conference only giving up an average of 18 points per game. The rush defense for the Warriors became the staple of the season ranking 4th in the nation, allowing a paltry 72 yard per game. Senior Linebacker Derrick Sullivan would lead the charge of the Warrior defense logging in 74 tackles and 4 quarterback sacks on the year.

Amidst the success of the season, the Warriors encountered difficulty with the passing offenses of Friends University and University of St. Mary. Addressing those particular areas will be the goal going into the 2009 season as well as getting off to a strong start offensively.

The Warriors, for the first time in two seasons, will not face defending champions Friends University in the opening week, rather the season opener will take place in Winfield, Kansas against Southwestern University.

2008 FINAL RESULTS

OVERALL (7-3) KCAC (7-2)

September 13	Friends University	Loss	(7-33)
September 20	@ Tabor College	Win	(54-19)
September 27	Bethel College	Win	(24-3)
October 4	@Northwestern Oklahoma St University	Loss	(14-38)
October 11	@ McPherson College	Win	(28-0)
October 18	Southwestern College	Win	(42-14)
October 25	@ Bethany College	Win	(47-0)
November 1	@ Kansas Wesleyan University	Win	(26-19)
November 3	University of Saint Mary	Loss	(47-48)
November 10	Ottawa University	Win	(17-13)

WARRIOR FOOTBALL: COACHING STAFF



HEAD COACH: Andy Lambert

Overall Collegiate Coaching Record: 62-61 (12 yrs.)

Overall Record at Sterling College: 32-16 (6th yr.)

Andy Lambert enters his sixth season as the head coach of the Warrior football program, having eclipsed the .500 mark in his career coaching record (62-61) last year with a win over a nationally ranked Ottawa University in the final week of the season.

In 2008 the Warriors finished the season at 7-3 and a tie for second place in the Kansas Collegiate Athletic Conference.

The 2008 Warriors garnered honors as one of the most prolific rushing offenses in the conference as the offense led by All Conference Senior QB Tyler Degenhardt averaged over 220 yards per game rushing.

Prior to coming to Sterling, Lambert served as head football coach at Trinity International University in Deerfield, Illinois. Lambert served seven years as head coach at Trinity, but he was associated with TIU football as both a player and coach for fifteen years.

During Lambert's last three seasons at Trinity, Lambert led the Trojans to an overall record of 22-11. In 2003, Trinity finished with an overall record of 8-3 and #19 national ranking in the National Association of Intercollegiate Athletics (NAIA). The Trojans were also Mid-States West co-conference champions in 2003.

A native of Smith Center, Kansas, Lambert played football for legendary high school coach Roger Barta at Smith Center High School. After graduating from Smith Center High School, Lambert played wide receiver at Dodge City Community College in Dodge City, Kansas.

From Dodge City Community College, Lambert transferred to Trinity International University where he played receiver during his junior and senior seasons.

Andy and his wife Betsy have four daughters: Hannah, Lydia, Emma, and Sylvia.

Lambert holds a master's degree in education from Chicago State University and a bachelor's degree in physical education from Trinity International University.

ASSISTANT COACHES

DEFENSIVE COACHES & RESPONSIBILITIES YEARS COACHING AT SC

CHUCK LAMBERT - Defensive Coordinator
6th Year

HOSEA BELL - Defensive Line
4th Year

KYLE SCHENK - LBs/ Special Teams Coord.
2nd Year

OFFENSIVE COACHES & RESPONSIBILITIES YEARS COACHING AT SC

BRIAN FISH - Offensive Coordinator/QBs
4th Year

TRAVIS TESONE - Wide Receivers
2nd Year

ADAM LANGVARDT - Running Backs
1st Year



2009 OPPONENTS

MCPHERSON COLLEGE

Game Date - October 3 @ Sterling, KS
Head Coach - Brian Ward
Record at McPherson - 8-12 (3 yrs.)
Overall Record and Year - 8-12 (3 yrs.)
2008 Overall & Conference Record (4-6) (3-6)
SID - Alan Grosbach
Office Phone - (620) 241-0431
Email - grosbaca@mcpherson.edu
Fax - (620) 245-9706

PERU STATE UNIVERSITY

Game Date - September 19 @ Peru, NE
Head Coach - Keith Barefield
2008 Overall & Conference Record (4-6)
SID - Troy Katen
Office Phone - (402) 872-2344
Email - tkaten@peru.edu

TABOR COLLEGE

Game Date - October 17 @ Sterling, KS
Head Coach - Mike Gottsch
Record at Tabor - 3-17 (3 yrs.)
Overall Record and Year - 3-17 (3 yrs.)
2008 Overall & Conference Record (2-8) (2-7)
SID - Anthony Monson
Office Phone - (620) 947-3121 Ext. 1229
Email - anthonym@tabor.edu
Fax - (620) 947-3789

BETHANY COLLEGE

Game Date - October 31 @ Lindsborg, KS
Head Coach - Jaime Cruce
Record at Bethany - 8-12 (3 yrs.)
Overall Record and Year - 8-12 (3 yrs.)
2008 Overall & Conference Record (2-8) (2-7)
SID - Sarah Hawbaker
Office Phone - (785) 227-3311 Ext. 8299
Email - hawbakers@bethanylboro.edu
Fax - (785) 227-2289

KANSAS WESLEYAN UNIVERSITY

Game Date - October 24 @ Salina, KS
Head Coach - Dave Dallas
Record at KWU - 66-53 (13 yrs.)
Overall Record and Year - 109-88-1 (21 yrs.)
2008 Overall & Conference Record (6-4) (5-4)
SID - David Toelle
Office Phone - (785) 827-5541 Ext. 3146
Email - sportsinfo@kwu.edu
Fax - (785) 827-5541 Ext. 3142

SOUTHWESTERN COLLEGE

Game Date - September 12 @ Winfield, KS
Head Coach - Ken Crandall
Record at Southwestern - 5-15 (3 yrs.)
Overall Record and Year - 5-15 (3 yrs.)
2008 Overall & Conference Record (1-9) (1-8)
SID - Jason Jeschke
Office Phone - (620) 229-6218
Email - Jason.Jeschke@sckans.edu
Fax - (620) 229-6124

BETHEL COLLEGE

Game Date - November 14 @ North Newton, KS
Head Coach - Mike Moore
Record at Bethel - 45-45 (7 yrs.)
Overall Record and Year - 45-45 (8 yrs.)
2008 Overall & Conference Record (6-4) (5-4)
SID - Chad Schilling
Office Phone - (316) 284-5263
Email - chads@bethelks.edu
Fax - (316) 284-5830

OTTAWA UNIVERSITY

Game Date - September 26 @ Sterling, KS
Head Coach - Kent Kessinger
Record at Ottawa - 21-29 (6 yrs.)
Overall Record and Year - 21-29 (6 yrs.)
2008 Overall & Conference Record (8-2) (7-2)
SID - Katie Tooley
Office Phone - (785) 242-5200 Ext. 5401
Email - katie.tooley@ottawa.edu
Fax - (785) 229-1015

UNIVERSITY OF SAINT MARY

Game Date - November 7 @ Sterling, KS
Head Coach - Lance Hinson
Record at Saint Mary - 16-23 (5 yrs.)
Overall Record and Year - 16-23 (5 yrs.)
2008 Overall & Conference Record (4-5) (5-5)
SID - Clint Fredericksen
Office Phone - (913) 758-4377
Email - fredericksen@stmary.edu
Fax - (913) 758-6313

FRIENDS UNIVERSITY

Game Date - October 10 @ Wichita, KS
Head Coach - Monty Lewis
Record at Friends - 43-16 (6 yrs.)
Overall Record and Year - 104-49 (15 yrs.)
2008 Overall & Conference Record (10-1) (9-0)
SID - Joe Zimmerman
Office Phone - (316) 295-5116
Email - zimmerman@friends.edu
Fax - (316) 295-5030

TWO DEEP CHART:

Offense

Split Tackle

	Ht	Wt	Yr
Brad Morrison	6'2	230	JR
Tory King	6'1	280	JR

Split Guard

Mike Danski	5'10	270	JR
Chris Halcromb	5'10	265	RFR

Center

Derek Brumbaugh	5'10"	230	JR
Ray Smith	5'10"	275	JR

Tight Guard

Chandler Keenan	5'11	270	JR
Chris Halcomb	5'10	265	RFR

Tight Tackle

Ray Smith	5'10"	275	SR
Carl Nolan	6'3	370	JR

Tight End

Jon Lovercamp	6'5"	250	SR
Mark Morely	6'1	180	SO

FB

Rashard Colquitt	5'10"	190	JR
Andrew Riner	5'9"	185	JR

TB

Johnelle Murphy	5'9"	195	SO
Andrew Riner	6'0"	185	JR

SE

Cory Dunbar	5'10	150	SO
Paul Kempf	6'0	185	SR

SB

Clay McEachern	5'8	170	SO
Andrew Drake	6'0	185	SO

QB

Kioke Burbank	6'0	205	JR
Joey Garcia	5'9	190	JR

Defense

D Tackle

	Ht	Wt	Yr
Mike Jones	6'1"	230	JR
Sean Mestdaugh	5'8"	195	RFR

Nose

Quentin Burgess	6'0"	250	SR
Jason DiAmico	6'0	220	SR

D End

David Guthmiller	5'8	230	RFR
Sean Mestdaugh	5'8	195	RFR

Mike

Jeff Baker	5'9	210	SR
Brayton Gillen	5'9	210	SO

Will

Danny Harmon	5'10"	200	RFR
Steffan Koops	5'11	195	SO

Rush

Justin Hejny	5'7"	171	SR
Tommy Turner	5'11	200	JR

Drop

Austin Kingsbury	5'11	195	SR
Tommy Turner	5'11	200	JR

Strong Safety

Drew Lott	6'0"	180	SR
Tate Arnold	6'2"	190	SO

Free Safety

Brock Frank	6'0	175	SO
Tate Arnold	6'2	190	SO

Corner

Mike Talton	5'7"	130	SO
Brian Bristol	5'8	148	SR

Corner

Mike Talton	5'7"	130	SO
Brian Bristol	5'8	148	SR

Punter

Josh Wheeler	5'10	230	SO
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Kicker

Josh Wheeler	5'10	230	SO
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Starters: Returning/Lost:

Offense - R _5_ / L _6_

Defense - R _6_ / L _5_

MORE THAN FOOTBALL

OUR PURPOSE:

To do all for the glory of God

WE DO THIS BY:

- Consistently teaching Biblical principles through everyday life experiences
- Purposefully building deep, meaningful relationships
- Thoughtfully modeling Christ-like behavior and attitudes

WE ARE DEDICATED TO:

D ISCIPLINE	We are men of focus and hard work
I NTEGRITY	We are honest men
S ERVICE AND HUMILITY	We are servant Warriors
C OMMUNITY	We are family
I NTENSITY	We live with passion
P ERSEVERANCE	We will work and wait
L OVE	We are devoted to God and others
E XCELLENCE	We are men of excellence