

THE STIR

The official student-run newspaper of Sterling College

Volume 114 issue 13

WARRIOR BASKETBALL OFF TO RUNNING START



Sophomore Adam Brown sets a pick for junior guard Trent Stutzman against a Belvue player during the Warrior Classic tournament. Unfortunately, the Warriors lost by six points, with a final score of 75-81. Photo by Jon VanVeldhuizen

Men struggle through preseason play

By KARINA NOAH
Staff Writer

The men's basketball team finished up a rough week over play over the Thanksgiving break, losing both exhibition games.

In the first game against NE Oklahoma State University on November 22, the Warriors lost 53-70, and the game just after the holiday on November 27 against Fort Hays State University ended with a score of 47-96.

The Warrior Classic was held just days before on November 19 and 20 in their own Sterling College gymnasium where they battled against Belvue University and Union College.

These games brought on a lot of emotion as they

came closer and closer to bringing another win to their record.

Although sophomore Raheem Odomes led scoring, followed by Trent Stutzman, in the game against Union College, the Warriors were unable to pull ahead and win the game.

Many of the players have really stepped up their game due to the loss of senior guard Zach Godrich to a hand injury, but Coach Jaderston believes it will make the team that much more dangerous when he returns to play this Thursday.

The Warriors will be returning to regular season action in the KCAC opener against Southwestern College tonight at 8 p.m. in Gleason.

Women's team racks up string of early wins

By JARON HENSLEY
Staff Writer

After last season's loss to Northwestern in the second round of the playoffs, Sterling College women's basketball team is bouncing back with vengeance.

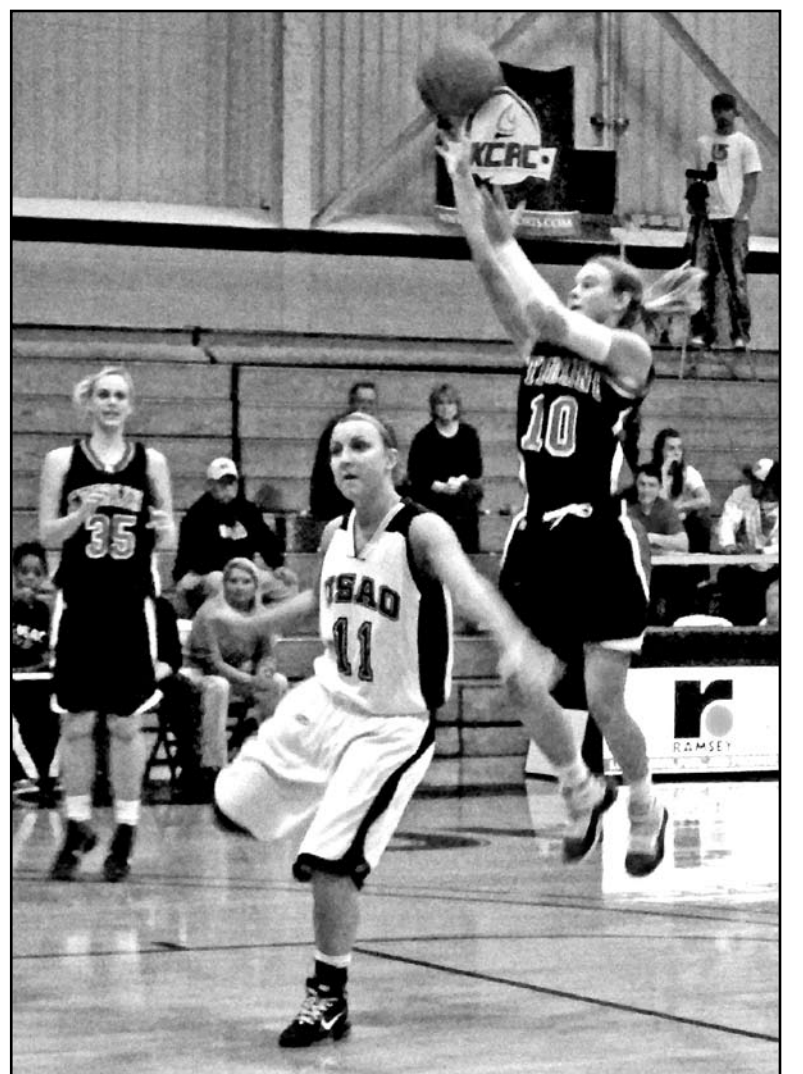
Sterling College will start the season off ranked top in the conference and twelfth in the nation. For the past four years they have been a dominant presence in the KCAC and at the national level, where they've been to the KCAC championship game four years in a row and to the national tournament the last four years.

Last year, Sterling beat Southwestern in a high scoring game to become conference champions for the second time in three years. They now start off this year looking for a second consecutive conference championship as well as to go deeper into the national post season.

With the absence of KCAC Player of the Year last year, Sterling is counting on the leadership of All-Conference players junior forward Megan Patrick, senior forward Britney Gasper and senior guard Erica Herman.

Aside from those notable women, the whole team is ready to contribute and bring home another championship. "Our entire bench is ready to come in and keep the same intensity as the starters," Herman said.

The journey to another title will not be easy and the women's basketball team will have many challenges in con-



Sophomore guard Candace Ewert takes a jumping shot at the goal during the match against the University of Science and Arts on November 20. The Warriors won 91-69, with Ewert scoring nine of those points. Photo by Jon VanVeldhuizen

ference. Kansas Wesleyan is ranked inside the top 15 in the country along with Southwestern College and Bethel College, both of whom are right on the outside of the top 25.

"The competition is going to be hard so we can't get ahead of ourselves and just take one game at a time," Herman said.

The coaches' poll has Sterling winning the conference

this year and the women believe they can do it.

"We just have to keep working hard and continue building team unity," Herman said.

Now, six games into the season, the Warriors have only lost to Concordia University and are riding a four game winning streak as they head into tonight's home game against Southwestern College at 6 p.m.

THISWEEK

Today.
Women's BB @ 6 p.m.
Men's BB @ 8 p.m..

Friday.
Campbell Christmas Party @ 5 p.m.

Candlelight Concert @ 7 p.m. - United Methodist Church

Saturday.
Women's BB @ Tabor - 5 p.m.
Men's BB @ Tabor - 7 p.m.

Sunday.
Water Aerobics @ 3 p.m.
All Worship Chapel @ 7 p.m.

Best Semester program offers study abroad options

By NATHAN WEST
Staff Writer

One of the things that Sterling College offers is the chance for students to study abroad through the program, Best Semester. Sponsored by the Council for Christian Colleges and Universities (CCCU), SC is one of the 110 campuses in North America where Best Semester is offered to students.

There are a total of 11 semester programs and one summer program designed to encourage the academic interests that students have for a particular field.

"In some cases, students are given the opportunity to

study general college curriculum that could apply to GE or major credits in a cross-cultural context, with opportunities to travel and service in and around international locations," Associate Professor of Language and Literature and Associate Dean of Faculty and Curriculum, Felicia Squires, said.

Squires says that some state-side programs that students could go on include Nashville, TN, where students study contemporary music skills at the Contemporary Music Center and the Los Angeles Film Studies Center which allows students to study the entertainment industry.

Study programs that are offered out of the country range from Australia to China, but Squires says that wherever a student wishes to go, the experience will be rewarding.

"Students can get out of it what they wish: a chance to study in a different culture or to study intensely their subject area in a location which specializes in that discipline in some way."

For students that are thinking about traveling abroad to study, deadlines are approaching.

"The Oxford Summary Program 2011 deadlines are Jan. 17, 2011 (early application deadline) and March

1st, 2011 (regular application deadline)," Squires said. "For Fall 2011 programs the early application deadline is Feb. 1, 2011 and the regular application deadline is April 1st, 2011."

Squires also says that students who want to know more about Best Semester should come talk to her or look online.

"Students should go to the Best Semester web site for more information and application instructions."

Visit www.bestsemester.com for more information about the program.

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We're Here for You!

Campbell hosts Christmas bash

By CHRIS HALCROMB
Staff Writer

It's almost finals week and that means Christmas break is right around the corner, but before you go home, pull out your sweaters and head to the second annual Campbell Christmas Party tomorrow evening.

Senior and Christmas party coordinator Scott McCaulley is excited to throw the party again.

"It was a very big success with students last year," McCaulley said, "we should have a good turnout."

This year the men of Campbell expect about 200 students will attend the party.

Like last year the party will include an ugly sweater contest. There is only one rule: it has to be a sweater. McCaulley said he has a full proof strategy when it comes to the contest.

"Pick the ugliest sweater you can find," McCaulley said, "the one that your Grandmother gave you that smells like mothball."

While you are there you can also have your picture taken with Santa, as well make your own Christmas ornament. There will also be classic Christmas snacks such as eggnog, hot cider and cookies.

The festivities will begin at 5 p.m.

Frisbee team competes in local meet

By TYLER HENOCH
Staff Writer

This weekend Sterling College will send a group of individuals to the Ultimate Frisbee battlefield to participate in the Flatland Freeze in McPherson this weekend.

Strategies play a big part in the Warrior's game plan for the tournament. On offense the team plan to run what senior Truyn Mosher called "an organized chaos type of offense."

"Teams have no idea what we're doing and half the time neither do we," Mosher said.

On defense Sterling is determined to run their "Cup Defense." This is where one person guards the thrower and two other players make a cup formation around the thrower, forcing the frisbee in one direction; like into the wind, resulting in an easy turnover.

Members of the Warrior Ultimate Frisbee Team include a mix of current SC students and alumni returning for the event.

OPINIONS

ENTERTAINMENT COLUMN

Five films sure to put you in the holiday spirit

By **TIM LUISI**
Assistant Editor

Just like Halloween is the perfect season for watching scary movies, now that we've passed Thanksgiving it's the time of year where snow, reindeer and even Santa Claus are on the cinematic mind.

So if you're looking for something to do in between the last minute shopping trips or something to watch with your family without spending a small fortune, here for your consideration are the five greatest Christmas films of all time.

5. *The Nightmare Before Christmas*-

While dark for a holiday film this imaginative stunner is filled with jaw-dropping animation and a plethora of catchy tunes.



Not only one of the best Christmas movies, but one of

the best animated movies of all time.

4. *Love Actually*- Telling about 10 different stories and filled with clichés galore,



there are nonetheless very few films available with this much heart or cinematic magic.

The ending, like the best Christmas movies always do, will have your heart racing, getting you ready for Christmas day.

3. *Die Hard*- While this might not be the traditional Christmas movie, but it does take place on Christmas day, and as it is one of the five greatest action films of all time makes this is one you can't miss.

Sometimes all that is needed for Christmas cheer is some non-stop action, and this film, featuring Bruce Willis at his finest, delivers that gift in unending doses.

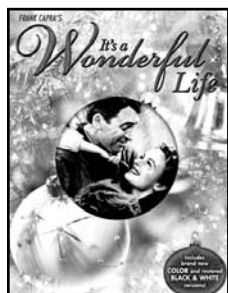
2. *Dr. Seuss' How the Grinch Stole Christmas*- Featuring

the greatest Christmas character ever, this classic tale, whether the treasured cartoon or live action version with Jim Carrey hamming it up as the big green guy, will never get old.



1. *It's a Wonderful Life*- What can be said about this that hasn't already been written? Capturing the magic of Christmas

like no other film has or ever will, this will grab you from the opening minute to its thrilling conclusion. Jimmy Stewart was never better than he was here, desperation spilling from his every pore. He and director Frank Capra will have you laughing, crying and ultimately cheering as you watch one of the ten greatest films of all time.



TWO CENT TIPS

Coffee shop offers good drinks, great atmosphere

By **MATT HASTINGS** and **KALEB KNIGHTON**

As the semester is quickly coming to an end, I know how hard it can be to get away from campus to take a break from studying. With this problem in mind I make this suggestion: take your homework with you.

Earlier this week, Kacie and I made the trip to Hutchinson once again. The object of our journey this time: Metropolitan Coffee.

Metropolitan Coffee, lovingly referred to by the people who frequent it as "the Metro", is located at the corner of 17th and Lorraine in Hutchinson.

The Metro offers a wide array of hot and cold drinks ranging from coffee and tea to smoothies and a drink called the Cremosa (Italian soda mixed with half and half).

I was in the festive mood and ordered the Candy Cane White Chocolate Latte and a slice of pecan pie. The pie was good, but the drink was outstanding.



The Metro's talented baristas (which include several Sterling College students and alumni) brew an espresso that is rich, sweet and creamy. Blended with milk and topped with whipped cream and a candy cane, the drink turned a long cold day into a warm and relaxing evening.

Kacie ordered a White Chocolate Chai Tea Latte, which was equally delicious.

For those of you worried about getting that studying in, the Metro offers comfy chairs and free wireless Internet ac-

cess. And for those of you who are less interested in studying, check out one of the games, books or magazines available for your use, or come in on the weekend and catch some live music.

Did I mention that the last Sunday of the month is Swing Dance Night?

The Metro is open until 10 p.m. every day, offering a late night getaway that can be hard to come by in Sterling. For more information visit the Metro online at www.metro-coffeehutch.com.

EDITORIAL

Dear Fellow Students,

I know most of you are bogged down with end of the year papers and assignments, and are dreading the approach of finals week because you haven't even started to study. Therefore, I would like to offer you an opportunity to take a much needed break from your work and do something completely pointless for 10 minutes.

Please use the blank space provided below to draw a picture from your own imagination. There is a good chance your fingers need to stretch after all the furious typing you have been doing, so view this as a bit of exercise.

Once your drawing is finished, you can cut it out and submit to the Stir. The best finals week doodle will appear in the first issue of next semester.

Good luck on all your final projects, papers, presentations and exams.

-- Taylor Libby, Editor-in-Chief

Cup of Joe

By **JOSEPH DARDZINSKI**

THE CAFETERIA



IS WATCHING YOU!

STERLING STIR

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Letters to the editor must be signed and legible. Letters are subject to editing for style and spelling and will be printed at the editors' discretion. Letters should not be longer than 350 words. Letters must be received by 3 p.m. the Tuesday before the print date (Thursday). Opinions presented on the Opinion page do not necessarily represent the views of Sterling College.

Address letters to The Stir, SC Box 8, 125 W. Cooper, Sterling, KS 67579. E-mail submissions are accepted and must be sent to stir1@sterling.edu.

Friendly suggestions for surviving finals week

By **ALYSON DARDZINSKI**
SGA President



This week and the next are two of the hardest weeks during the semester. Not only is the light at the end of the tunnel drawing near, but also the work is starting to pile up before you can leave.

I would love to give a top ten list on how to get through the weeks to come, but the truth is that it differs for everyone. I do have a few suggestions to make the load seem a bit

lighter.

The first is to stop procrastinating and simply get your work done.

This seems easy enough, but for the procrastinators out there, myself included, work is put on the back burner and the result are papers that could have been better, half done assignments and a grade that does not reflect your capabilities.

It is also my experience that with finals coming up and final papers being due the sooner you get things done the more time you have to study for finals, or go to IHOP, either way it is a win-win.

My second suggestion is to have fun. Put your personality in your work that you turn in. Give yourself study breaks that are more than just a quick nap.

Sing in a study room in the library, although they are not sound proof, so sing at your own risk.

Avoid burning yourself out too quickly; instead, pace yourself while being productive.

For the record, web browsing is not productive, which brings me to my third tip: get off Facebook.

I know that for some this seems to be an impossible task, but there was a time where you lived without it.

Facebook will not just waste your time but it will also be a dissatisfying break. Avoid it for just a few days and talk to your friends in person.

My last point is to ask for help when you need it. The benefit of a small school like Sterling is that professors live minutes away, know your name and want to see you succeed.

Find your professor and see what you can do to get the best grade you can on your paper or final. Use the resources Sterling has given you and finish the semester strong.