**Warrior Behavioral Intervention Team**

**Mission Statement**

The Warrior Behavioral Intervention Team is dedicated to a proactive, coordinated, and planned approach to the identification, prevention, assessment, management, and reduction of interpersonal and behavioral threats to the safety and well-being of our campus community members.

**Purpose**

The Warrior BIT is a cross-campus team that meets on a needs basis for “red flags” in community behavior over time. With a multidisciplinary approach, the BIT provides a centralized and coordinated assessment and intervention process to identify and aid those displaying troubling or disruptive behaviors, prior to the onset of crisis, to promote a safer campus community.

While interacting with others on campus, individuals may be faced with situations in which someone is highly disruptive or displays behavior that may appear threatening to self or others. The Behavioral Intervention Team (BIT) was established to:

* Provide consultation, education, and support to faculty, staff, and students in assisting those who display highly disconcerting or unusual behaviors.
* Gather information to assess situations involving those who display highly disconcerting or disruptive behaviors.
* Recommend appropriate intervention strategies before a crisis occurs.
* Connect these individuals with need-based campus and community resources.
* Monitor ongoing behavior of those who have displayed highly disruptive or disconcerting behavior.

**Make a referral when others display:**

* Overly aggressive behaviors toward others; inability to set limits or re-direct focus
* Inability to make decisions or cope
* Highly inappropriate or strange behavior that may pose a threat to safety
* Extreme overreaction to circumstances
* Writings and comments endorsing violence; unusual interest in violence
* Indirect or direct threats in writings or verbalizations
* Lack of empathy and concern for others; inability to care
* Severe anger management problems
* Appearance of being overly nervous, tense, or tearful on more than a single occasion
* Written or verbal expression of suicidal thoughts; suicidal actions or self-injury; or feelings of hopelessness
* Statements regarding having a weapon on campus
* Threats about harming self or others
* Erratic behavior (including online activities) that disrupts the mission and/or normal proceedings of other Sterling College students, faculty, or staff
* There has been an involuntary transport to the hospital for substance use/abuse
* There has been an involuntary transport to the hospital for mental health issues
* Significant behavioral or emotional changes
* Significant withdrawal
* A drastic change in hygiene or appearance
* Significant decline in academic performance
* Alcohol or drug abuse or addiction
* Bizarre thoughts or behavior that does not fit the context of an event or situation

**TO MAKE A REFERRAL EMAIL:** [Studentlife@sterling.edu](mailto:Studentlife@sterling.edu)

* **If there is an immediate threat to a student or to the community, or if there is a medical or mental health emergency, please dial 911.**

**WHAT HAPPENS NEXT?**

* The primary purpose of the Warriors BIT is to offer strategies for mitigating emergent or crisis situations. The person you refer to the BIT will be given the support and assistance they need by Sterling College and community resources. Depending upon the actions, and following a review of the information presented, appropriate Sterling College or community-based referrals may be required.