

CAREER SCORING WORKSHEET

- 1 Across the top of the form, list a career you are interested in exploring in each column. Since there is only room for 4 potential careers on the page, feel free to make as many copies of the Worksheet as you need.
- 2 After researching each career, fill in the value that answers the question: "How well does each career fit me?" for each component of your Stage 1 assessment. It is important that you be honest with yourself. It is often best to quickly fill in your responses without much thought. You can either complete the Worksheet vertically or horizontally. By taking the vertical approach you are processing one career at a time. Using the horizontal approach allows you to perform more of a comparative analysis across careers. Whichever approach you take, complete filling in the values for each career.
- 3 Total the values in each career column.

		1 List a career you are interested in exploring in each column				
Careers--->						
2 After researching each career, fill in the value that answers the question: "How well does each career fit me?" for each component of your assessment (1=not a good fit, 5=great fit).	Interests	Strengths	① ② ③ ④ ⑤ Notes:	① ② ③ ④ ⑤ Notes:	① ② ③ ④ ⑤ Notes:	① ② ③ ④ ⑤ Notes:
		Experiences	① ② ③ ④ ⑤ Notes:	① ② ③ ④ ⑤ Notes:	① ② ③ ④ ⑤ Notes:	① ② ③ ④ ⑤ Notes:
		Work Interests	① ② ③ ④ ⑤ Notes:	① ② ③ ④ ⑤ Notes:	① ② ③ ④ ⑤ Notes:	① ② ③ ④ ⑤ Notes:
		Passion	① ② ③ ④ ⑤ Notes:	① ② ③ ④ ⑤ Notes:	① ② ③ ④ ⑤ Notes:	① ② ③ ④ ⑤ Notes:
	Values	① ② ③ ④ ⑤ Notes:	① ② ③ ④ ⑤ Notes:	① ② ③ ④ ⑤ Notes:	① ② ③ ④ ⑤ Notes:	
	Personality	① ② ③ ④ ⑤ Notes:	① ② ③ ④ ⑤ Notes:	① ② ③ ④ ⑤ Notes:	① ② ③ ④ ⑤ Notes:	
	3	Total				