



EXPERIENCES WORKSHEET


Part of discovering a career that **Builds on your Interests**, is reflecting on the experiences you've faced in life. With some thought, some of those experiences may offer clues for potential careers. Think about the experiences you found rewarding, those for which you received affirmation, and even those difficult times.

 *(Undoubtedly, you've had some experiences in your life that you found especially memorable because they were satisfying, fulfilling, or gratifying)*

Rewarding	Experiences	Why is each experience special—what does it reveal about what motivates you?	To what potential careers could these experiences point?

 *(You may have been fortunate enough at times in your life to have others offer a special word of thanks or confirmation for something that you did)*

Received Affirmation	Experiences	For what specific skills were you recognized?	To what potential careers could these experiences point?

 *(Some of the tough experiences you've had may have uniquely prepared you to help others going through similar difficult times [See 2 Corinthians 1:3-5])*

Difficult Times	Experiences	In what ways has each experience enabled you to uniquely help others?	To what potential careers could these experiences point?